SAFE AND SOUND, SMILES ALL AROUND!

NHS Education for Scotland

1 WHAT WE DID

Through Childsmile, we are helping dental teams learn how to look after children's wellbeing every day. Through real-life stories and activities, they learn how to:

- Notice when a child might need help or support
- Understand how children grow and develop
- Recognise when difficult experiences might affect a child

We help to make sure everyone feels confident and puts children's rights at the centre of their care.

2 WHAT DIFFERENCE DOES THIS MAKE?



This helps everyone notice when a child might need extra help and make sure they feel safe, listened to and cared for.

It helps dental staff understand children's feelings, experiences and rights, so they can give care that is kind, supportive and right for each child.

This means children and families across Scotland can get safe dental care that helps keep their smiles healthy.

3 HOW THIS HELPS CHILDREN'S RIGHTS



This work makes sure:

- Children's **best interests** come first.
- Children are kept **safe**.
- Children can stay **healthy** and get good dental care.
- Children get **help** early to grow up strong and happy.

4 GIRFEC

Getting it right for every child (GIRFEC) is a way of making sure every child in Scotland is safe, happy, healthy and supported to do their best.

- Safe – We make sure children are looked after and protected.
- Healthy – We help children take care of their teeth and stay healthy.
- Nurtured – We understand how children grow and feel, and give extra support when needed.
- Respected – We listen to children and families and take their thoughts seriously.

5 THE PROMISE



This work helps Childsmile teams:

- Understand that difficult experiences can affect children.
- Notice when a child might need extra help.
- Respond with kindness and care.

By doing this, the team makes sure children get the right support early and stay happy, safe, and healthy - just like The Promise says.

6 WHY IT MATTERS



By learning about children's rights, GIRFEC, and caring for children who have had difficult experiences, the Childsmile team can put these ideas into action. This helps them:

- Prevent problems early
- Keep children safe

So every child can get care that is safe, caring, and respects their rights.

REDUCING INEQUALITIES, DENTAL WORKFORCE DEVELOPMENT
NES DENTAL DIRECTORATE